

# North Alabama CommunityCare

**You Are Invited!**

Please join North Alabama Community Care in the following online free event:

## **Nutritious and Delicious: Quick Tips for Healthy Food Choices**

Wed, Sep 30, 2020 12:00 PM - 1:00 PM (CDT)

**Please join my meeting from your computer, tablet or smartphone. To view the workshop:**

<https://global.gotomeeting.com/join/397205613>

**For best sound, call:**

United States: [+1 \(224\) 501-3412](tel:+12245013412)

**Access Code: 397-205-613**